

**7<sup>th</sup> GTF WORLD TAEKWON-DO CHAMPIONSHIPS 2009**  
**4<sup>TH</sup>-9<sup>TH</sup> JULY 2009 KUALA LUMPUR, MALAYSIA**

**COLOUR BELT EVENTS**

**1. MALE INDIVIDUAL COLOUR BELT (JUNIOR)**

|                                      | <b><u>PATTERN</u></b>   | <b><u>FREE-SPARRING</u></b>   |
|--------------------------------------|---|---|
| 1. Mini peewee<br>(8 years-10 years) | <u>2 divisions</u><br>a. Yellow to Blue tip (8 <sup>th</sup> -5 <sup>th</sup> grade)<br>b. Blue to Black tip (4 <sup>th</sup> -1 <sup>st</sup> grade) | <u>4 divisions</u><br>Group A, B, C & D<br>(according to height)    |
| 2. Peewee<br>(11 years-12 years)     | <u>2 divisions</u><br>a. Yellow to Blue tip (8 <sup>th</sup> -5 <sup>th</sup> grade)<br>b. Blue to Black tip (4 <sup>th</sup> -1 <sup>st</sup> grade) | <u>4 divisions</u><br>Group A, B, C & D<br>(according to height)    |
| 3. Junior<br>(13 years-14 years)     | <u>2 divisions</u><br>a. Yellow to Blue tip (8 <sup>th</sup> -5 <sup>th</sup> grade)<br>b. Blue to Black tip (4 <sup>th</sup> -1 <sup>st</sup> grade) | <u>5 divisions</u><br>Group A, B, C, D & E<br>(according to height) |
| 4. Junior<br>(15 years-17 years)     | <u>2 divisions</u><br>a. Yellow to Blue tip (8 <sup>th</sup> -5 <sup>th</sup> grade)<br>b. Blue to Black tip (4 <sup>th</sup> -1 <sup>st</sup> grade) | <u>5 divisions</u><br>Group A, B, C, D & E<br>(according to height) |

**2. FEMALE INDIVIDUAL COLOUR BELT (JUNIOR)**

|                                      | <b><u>PATTERN</u></b>   | <b><u>FREE-SPARRING</u></b>   |
|--------------------------------------|---|---|
| 1. Mini peewee<br>(8 years-10 years) | <u>2 divisions</u><br>a. Yellow to Blue tip (8 <sup>th</sup> -5 <sup>th</sup> grade)<br>b. Blue to Black tip (4 <sup>th</sup> -1 <sup>st</sup> grade) | <u>4 divisions</u><br>Group A, B, C & D<br>(according to height)    |
| 2. Peewee<br>(11 years-12 years)     | <u>2 divisions</u><br>a. Yellow to Blue tip (8 <sup>th</sup> -5 <sup>th</sup> grade)<br>b. Blue to Black tip (4 <sup>th</sup> -1 <sup>st</sup> grade) | <u>4 divisions</u><br>Group A, B, C & D<br>(according to height)    |
| 3. Junior<br>(13 years-14 years)     | <u>2 divisions</u><br>a. Yellow to Blue tip (8 <sup>th</sup> -5 <sup>th</sup> grade)<br>b. Blue to Black tip (4 <sup>th</sup> -1 <sup>st</sup> grade) | <u>5 divisions</u><br>Group A, B, C, D & E<br>(according to height) |
| 4. Junior<br>(15 years-17 years)     | <u>2 divisions</u><br>a. Yellow to Blue tip (8 <sup>th</sup> -5 <sup>th</sup> grade)<br>b. Blue to Black tip (4 <sup>th</sup> -1 <sup>st</sup> grade) | <u>5 divisions</u><br>Group A, B, C, D & E<br>(according to height) |



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**BLACK BELT EVENTS**

**1. MALE INDIVIDUAL BLACK BELT (JUNIOR)**

|                                       | <b><u>PATTERN</u></b>   | <b><u>FREE-SPARRING</u></b>   |
|---------------------------------------|---|---|
| 1. Mini peewee<br>(10 years-11 years) | <u>1 division</u><br>1 <sup>st</sup> Degree   | <u>3 divisions</u><br>Group A, B & C<br>(according to height)       |
| 2. Peewee<br>(12 years-13 years)      | <u>2 divisions</u><br>a. 1 <sup>st</sup> Degree<br>b. 2 <sup>nd</sup> Degree                              | <u>4 divisions</u><br>Group A, B, C & D<br>(according to height)    |
| 3. Junior<br>(14 years-15 years)      | <u>2 divisions</u><br>a. 1 <sup>st</sup> Degree<br>b. 2 <sup>nd</sup> Degree                              | <u>5 divisions</u><br>Group A, B, C, D & E<br>(according to height) |
| 4. Junior<br>(16 years-17 years)      | <u>3 divisions</u><br>a. 1 <sup>st</sup> Degree<br>b. 2 <sup>nd</sup> Degree<br>c. 3 <sup>rd</sup> Degree | <u>5 divisions</u><br>Group A, B, C, D & E<br>(according to height) |

**2. FEMALE INDIVIDUAL BLACK BELT (JUNIOR)**

|                                       | <b><u>PATTERN</u></b>   | <b><u>FREE-SPARRING</u></b>   |
|---------------------------------------|---|---|
| 1. Mini peewee<br>(10 years-11 years) | <u>1 division</u><br>1 <sup>st</sup> Degree   | <u>3 divisions</u><br>Group A, B & C<br>(according to height)       |
| 2. Peewee<br>(12 years-13 years)      | <u>2 divisions</u><br>a. 1 <sup>st</sup> Degree<br>b. 2 <sup>nd</sup> Degree                              | <u>4 divisions</u><br>Group A, B, C & D<br>(according to height)    |
| 3. Junior<br>(14 years-15 years)      | <u>2 divisions</u><br>a. 1 <sup>st</sup> Degree<br>b. 2 <sup>nd</sup> Degree                              | <u>5 divisions</u><br>Group A, B, C, D & E<br>(according to height) |
| 4. Junior<br>(16 years-17 years)      | <u>3 divisions</u><br>a. 1 <sup>st</sup> Degree<br>b. 2 <sup>nd</sup> Degree<br>c. 3 <sup>rd</sup> Degree | <u>5 divisions</u><br>Group A, B, C, D & E<br>(according to height) |

### **3. MALE INDIVIDUAL BLACK BELT (SENIOR)**

|   | <b><u>PATTERN</u></b>   | <b><u>FREE-SPARRING</u></b>  |
|---|---|--|
| 1. Senior<br>(18 years-36 years)        | <u>5 divisions</u><br>a. 1 <sup>st</sup> Degree<br>b. 2 <sup>nd</sup> Degree<br>c. 3 <sup>rd</sup> Degree<br>d. 4 <sup>th</sup> Degree<br>e. 5 <sup>th</sup> Degree | <u>5 weight divisions</u><br>Micro, Light, Middle,<br>Heavy & Hyper weight |
| 2. Veterans/ Golden<br>(37 years above) | <u>5 divisions</u><br>a. 1 <sup>st</sup> Degree<br>b. 2 <sup>nd</sup> Degree<br>c. 3 <sup>rd</sup> Degree<br>d. 4 <sup>th</sup> Degree<br>e. 5 <sup>th</sup> Degree | <u>5 weight divisions</u><br>Micro, Light, Middle,<br>Heavy & Hyper weight |

### **4. FEMALE INDIVIDUAL BLACK BELT (SENIOR)**

|   | <b><u>PATTERN</u></b>   | <b><u>FREE-SPARRING</u></b>  |
|---|---|--|
| 1. Senior<br>(18 years-36 years)        | <u>5 divisions</u><br>a. 1 <sup>st</sup> Degree<br>b. 2 <sup>nd</sup> Degree<br>c. 3 <sup>rd</sup> Degree<br>d. 4 <sup>th</sup> Degree<br>e. 5 <sup>th</sup> Degree | <u>5 weight divisions</u><br>Micro, Light, Middle,<br>Heavy & Hyper weight |
| 2. Veterans/ Golden<br>(37 years above) | <u>5 divisions</u><br>a. 1 <sup>st</sup> Degree<br>b. 2 <sup>nd</sup> Degree<br>c. 3 <sup>rd</sup> Degree<br>d. 4 <sup>th</sup> Degree<br>e. 5 <sup>th</sup> Degree | <u>5 weight divisions</u><br>Micro, Light, Middle,<br>Heavy & Hyper weight |

#### **MALE SENIOR BLACK BELT**

|                          |               |                     |
|--------------------------|---------------|---------------------|
| Free-sparring divisions: | Micro weight  | - up to 54 kg.      |
|                          | Light weight  | - over 54 to 63 kg. |
|                          | Middle weight | - over 63 to 71 kg. |
|                          | Heavy weight  | - over 71 to 80 kg. |
|                          | Hyper weight  | - over 80 kg.       |

#### **FEMALE SENIOR BLACK BELT**

|                          |               |                     |
|--------------------------|---------------|---------------------|
| Free-sparring divisions: | Micro weight  | - up to 52 kg.      |
|                          | Light weight  | - over 52 to 58 kg. |
|                          | Middle weight | - over 58 to 63 kg. |
|                          | Heavy weight  | - over 63 to 70 kg. |
|                          | Hyper weight  | - over 70 kg.       |

## **INDIVIDUAL BLACK BELT BREAKING**

### **MALE INDIVIDUAL BLACK BELT (SENIOR)**

#### Special Technique

- |                                   |                                 |
|-----------------------------------|---------------------------------|
| a. Twimyo nopi ap cha busigi      | - Flying high front kick        |
| b. Twimyo nomo yop cha jirugi     | - Flying side kick for distance |
| c. Twimyo dollimio yop cha jirugi | - 360 jump reverse turning kick |
| d. Twimyo dollyo chagi            | - Flying high turning kick      |

#### Power test

- |                      |                |
|----------------------|----------------|
| a. Ap-Joomuk Jirugi  | - Front punch  |
| b. Sonkal Daerigi    | - Knife hand   |
| c. Dollyo Chagi      | - Turning kick |
| d. Yopcha Jirugi     | - Side kick    |
| e. Dollyo Dero Chagi | - Back kick    |

### **SENIOR FEMALE BLACK BELT**

#### Special Technique

- |                               |                                 |
|-------------------------------|---------------------------------|
| a. Twimyo nopi ap cha busigi  | - Flying high front kick        |
| b. Twimyo nomo yop cha jirugi | - Flying side kick for distance |
| c. Twimyo dollyo chagi        | - Flying high turning kick      |

#### Power test

- |                      |                |
|----------------------|----------------|
| a. Sonkal Daerigi    | - Knife Hand   |
| b. Dollyo Chagi      | - Turning Kick |
| c. Yopcha Jirugi     | - Side Kick    |
| d. Dollyo Dero Chagi | - Back Kick    |

\* Breaking – ONLY for Senior Black belt (18 years above)

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**BLACK BELT TEAM EVENTS**

**1. MALE TEAMS (JUNIOR)**

|  |                                 |                                       |
|--|---------------------------------|---------------------------------------|
| Male Junior Team 1<br>(12 to 13 years) | <u>Pattern</u><br>3 competitors | <u>Free-sparring</u><br>3 + 1 reserve |
| Male Junior Team 2<br>(14 to 15 years) | <u>Pattern</u><br>3 competitors | <u>Free-sparring</u><br>3 + 1 reserve |
| Male Junior Team 3<br>(16 to 17 years) | <u>Pattern</u><br>3 competitors | <u>Free-sparring</u><br>3 + 1 reserve |

**2. FEMALE TEAMS (JUNIOR)**

|  |                                 |                                       |
|--|---------------------------------|---------------------------------------|
| Female Junior Team 1<br>(12 to 13 years) | <u>Pattern</u><br>3 competitors | <u>Free-sparring</u><br>3 + 1 reserve |
| Female Junior Team 2<br>(14 to 15 years) | <u>Pattern</u><br>3 competitors | <u>Free-sparring</u><br>3 + 1 reserve |
| Female Junior Team 3<br>(16 to 17 years) | <u>Pattern</u><br>3 competitors | <u>Free-sparring</u><br>3 + 1 reserve |

**3. MALE TEAMS (SENIOR)**

|                                      |                                 |                                       |                                  |
|--------------------------------------|---------------------------------|---------------------------------------|----------------------------------|
| Male Senior Team<br>(18 years above) | <u>Pattern</u><br>5 competitors | <u>Free-sparring</u><br>5 + 1 reserve | <u>Breaking</u><br>5 competitors |
|--------------------------------------|---------------------------------|---------------------------------------|----------------------------------|

**4. FEMALE TEAMS (SENIOR)**

|  |                                 |                                       |                                  |
|--|---------------------------------|---------------------------------------|----------------------------------|
| Female Senior Team<br>(18 years above) | <u>Pattern</u><br>5 competitors | <u>Free-sparring</u><br>5 + 1 reserve | <u>Breaking</u><br>5 competitors |
|--|---------------------------------|---------------------------------------|----------------------------------|

**COUPLE COMPETITION**

|                    |                |
|--------------------|----------------|
| Mix 1male/ 1female | <u>Pattern</u> |
|--------------------|----------------|